

# Patton State Hospital



## 2024-2025 Doctoral Internship in Clinical Psychology

APA Accredited Since 1964\*

\*For questions related to the accreditation status of this program, please contact the American Psychological Association Commission on Accreditation  
750 First Street N.E., Washington, DC 20002. (202) 336-5979

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## INTRODUCTION FROM THE TRAINING DIRECTOR

Thank you for your interest in the Clinical Psychology Internship at Patton State Hospital (PSH). Working from a "scientifically-informed practitioner" model, the clinical psychology internship at PSH strives to develop a diverse group of well-rounded, competent, entry level clinical psychologists who can function effectively in a wide



variety of settings and who also have developed specialized skills in the area of forensic psychology, neuropsychology, and/or treatment of the severely mentally ill. The training programs at PSH have been a stable presence and integral part of our psychology department for over four decades. Our internship has been continuously accredited by the American Psychological Association<sup>1</sup> since 1964, and has been listed by the Association of Psychology Postdoctoral and Internship Centers (APPIC) since 1973. Since 1964, over 235 interns have completed the internship program. Surveys of our former interns indicate that our alumni are successful in many different settings and have achieved a wide range of professional accomplishments. Our alumni are presently working in a wide array of positions ranging

including state hospital and correctional psychologists, psychologists within the Veteran's Administration healthcare system, psychologists in primary care settings, private practitioners, full-time professors/researchers, and Directors of Clinical Training at APA accredited psychology programs. Many of our interns go on to complete postdoctoral fellowships in forensic psychology, clinical neuropsychology, or advanced clinical practice, and many former interns have attained diplomate status through the American Board of Professional Psychology (ABPP) in the subfields of forensic psychology, clinical neuropsychology, and clinical psychology. The PSH Internship Program emphasizes the incorporation of psychological science into practice and the delivery of culturally competent services.

Our training program is guided by the assumption that strong scientifically grounded clinical skills are essential to the practice of psychology regardless of one's specialization or interests. Although our training philosophy encourages interns to consider nomothetic (i.e., group) studies on psychological functioning, our training is based on the premise that competent clinical practitioners, in all types of clinical settings, must also consider the cultural and individual differences (i.e., idiographic considerations) that make each client/patient unique. At PSH, we believe that a solid clinical foundation is requisite for future specialty training. Although Patton offers concentrations in forensic psychology, clinical neuropsychology, and clinical psychology, all interns complete a core curriculum in clinical practice. Throughout the internship year, emphasis is placed on enhancing the following foundational areas of competence:

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<sup>1</sup> American Psychological Association Commission on Accreditation, 750 First Street NE, Washington, DC 20002-4242; (202) 336-5979

- a. Ability to make sound and scientifically informed professional judgments.
- b. Ability to extend and expand basic assessment and intervention techniques to meet the needs of diverse settings and problems.
- c. Ability to work with clients of diverse cultural backgrounds.
- d. Awareness of interaction between culture and psychology.
- e. Ability to apply ethical and legal principles to practice.
- f. Ability to manage professional time.
- g. Ability to work in collaboration with other professionals.
- h. Awareness of personal strengths and limitations and the need for continued supervision, consultation, and education.

Patton State Hospital's doctoral internship in clinical psychology accepts only applicants who are enrolled in a clinical psychology program at a recognized university or professional school (APA-accredited programs are preferred). The clinical psychology internship is a one-year, full-time placement.

Our internship is committed to maintaining and enhancing the diversity of our training programs. It is our philosophy that the experiential component of the internship is enhanced when the intern class is comprised of individuals with diverse life experiences and backgrounds. Individuals from underrepresented ethnic, cultural, sexual orientation, gender identity, socioeconomic, and geographical backgrounds are strongly encouraged to apply.

Again, I want to thank you for your interest in our internship program. The sections that follow are intended to provide a comprehensive description of our training philosophy and intern experiences. However, I realize that it would be impossible for this brochure to answer all questions that might arise in the selection of an internship. Therefore, I strongly encourage potential applicants to contact me directly using the email address below with any questions that might arise regarding our internship.

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## THE HOSPITAL



Illustration of Patton State Hospital Circa 1902 Based on a Lithograph by Vern Fowler

Patton State Hospital has provided mental health treatment since 1893 and has been accredited as a forensic mental health facility by the Joint Commission on Accreditation of Healthcare Organizations (JCAHO) since 1987. It is the largest maximum-security forensic hospital in the nation.



Patton has a long and interesting history that dates to 1893 when the hospital was first opened as the "Highland Insane Asylum." From the turn of the century through World War II, the hospital maintained a moderate census of less than 1,000 patients. Increases in Patton's population paralleled a post-World War II nationwide hospital expansion. By 1950, the hospital contained 4,000 severely mentally ill and substance abusing patients. At

that time, Patton was a self-contained community of 670 acres where the patients raised livestock, grew vegetables, and ran a hog ranch, tailor shop, newspaper, furniture shop, mail room, sewing room, and laundry. In recognition of the need for long-term care communities, California's goal was to have an entirely self-sufficient community within the state hospital.

Patton's history reflects mental health trends in the 20th century. From the beginning, Patton used the available mental health treatments of the time including industrial and occupational therapies, insulin shock, metrazol shock, lobotomies, electric shock, baths, operant conditioning, and medications (aspirin, tranquilizers, and bromides). In the 1950s, the discovery of Thorazine's antipsychotic properties ushered in the age of pharmaceutical treatment of mental illness. In 1955, California state hospitals (including Patton) began providing Thorazine routinely and received a large grant from the National

Institute of Mental Health (NIMH) to study the efficacy of major tranquilizers on release rates. Other notable research conducted at Patton included the "Patton Experiment" (a large-scale token economy) and the Sobell controlled drinking research study during the 1970s. Over the past two decades, Patton psychologists have been working on research projects studying various topics including the utility of the Minnesota Multiphasic Personality Inventory-3 Form (MMPI-3) and Personality Assessment Inventory (PAI) in a forensic setting, violence risk assessment, neuropsychological functioning of psychiatric patients, assessment of competence to stand trial, and symptom/performance validity assessment of forensically committed psychiatric patients.

Currently, Patton State Hospital integrates aspects of a traditional medical model (which focuses primarily on a reduction of symptoms) with the core features of a recovery model (which views individuals with severe mental illness as active participants in guiding their treatment process to improve their lives). The hospital has a focus on providing Trauma Informed Care (TIC). Core treatment goals are focused on facilitating forensic legal discharge criteria (e.g., facilitating competency to stand trial, reducing violence risk, etc.). The recovery philosophy, which is embraced by members of our psychology department, moves beyond the mere reduction of symptoms to a more comprehensive approach that builds upon each patient's strengths to facilitate productive and healthy lifestyles during their stay at the hospital and once released into the community. Psychologists at Patton have always been integral to the treatment of our patients as part of interdisciplinary treatment teams. Additionally, our psychology department provides many consultation and treatment services throughout the hospital including services provided by our Forensic Evaluation Department and our Neuropsychological Consultation Service.





## THE PATIENTS

This is a snapshot of Patton's population as of the printing of this brochure. There are 1,502 patients (ages 17-91) who exhibit a wide range of severe mental disorders, personality disorders, substance abuse histories, and neuropsychological deficits. Patton houses many of the female forensic patients in California, as 23% of our population is female. Our patient population is ethnically and culturally diverse. Twenty-nine percent of the hospital population is African American, 5% Asian/Pacific Islander, 41% Caucasian, and 23% Hispanic/Latino, with the balance from other cultures. There is a monolingual Spanish-speaking unit, a unit for deaf and hard of hearing individuals, and a geriatric unit, all of which are training sites for interns.

Patton is a maximum security forensic psychiatric hospital and primarily houses individuals who are committed under various penal code commitments. The most common legal commitment types are not guilty by reason of insanity (NGRI; 32%), incompetent to stand trial (ISCT; 33%), and Offender with a Mental Disorder (OMD; 24%; Note: these individuals are individuals who served a prison sentence but were determined to be too dangerous by reason of a mental disorder to be paroled to the community). Patton also has female prisoners who require acute psychiatric hospitalization during their prison sentences (1%), mentally disordered sex offenders (1%, which is a relatively high number since that commitment law was repealed 1981), and a small number of civilly committed patients who are considered too dangerous to be managed in a less secure setting.

The table below provides a brief description of the most common legal commitment issues for Patton patients and the corresponding commitment statutes in the California Penal Code (PC) or Welfare and Institutions Code (WIC).

COURT COMMITMENTS	
PC 1370 (IST)	Incompetent to stand trial on felony charges.
PC 1370.01 (MIST)	Incompetent to stand trial on misdemeanor only charges.
PC 1026 (NGI)	Not guilty by reason of insanity.
PC 702.3 (MNGI)	Minor not guilty by reason of insanity (age 18 or over).
PC 6316 (MDSO)	Mentally disordered sex offender committed prior to 1982 termination of statue.
PC 1610	Returned from community outpatient treatment pending court hearing regarding recommitment under one of the original commitments.



PC 1372(e)	Competent to stand trial but requiring continued inpatient treatment for duration of court proceedings.
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#### PAROLE COMMITMENTS

PC 2962 (OMD)	Offender with a mental disorder. These are parolees certified by Board of Prison Terms for psychiatric treatment as a condition of parole.
PC 2964 (a)	Mentally disordered offender parolee returned from community outpatient treatment.

#### PRISON TRANSFERS

PC 2684	Inmate from prison transferred for psychiatric treatment.
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#### CIVIL COMMITMENTS

WIC 6600	Sexually Violent Predators (Females Only).
WIC 5353 (TCONS)	Temporary conservatorship pending determination of permanent conservatorship.
WIC 5358 (CONS)	Permanent LPS conservatorship on basis of grave disability.
WIC 5304	Post-Certification 180-day court commitment imminently dangerous behavior.
WIC 5008 (h) (1)(B)	"Murphy" conservatorship on basis of continued incompetence to stand trial (after 3 years as PC 1370). Charges have not been dismissed.
PC 2972	Post-parole mentally disordered offender committed for an additional year of treatment.

The patients' varied diagnoses and legal commitments make Patton State Hospital a challenging and exciting setting for staff and interns. For this reason, prospective applicants will benefit from being mature and flexible. Because Patton is a high-security institution, only those patients who cannot be housed safely in less secure hospitals are admitted. This setting provides unique exposure to the complex intersection between acute mental illness, personality disorders, substance abuse, criminality, and dangerousness. Interns who complete this program will have experience with some of

the most difficult and complex treatment and forensic cases possible, thus providing a solid foundation for a wide variety of future clinical or forensic activities.

## **THE AREA**

Although Patton has its own post office, it is located in the San Bernardino area. San Bernardino, California is a city of approximately 185,000, within a county of 1.7 million people. It is in a valley surrounded by mountains and foothills that are snow-covered in the winter. In the summer, one can fully appreciate the variety of trees planted on the hospital grounds by a former Medical Director with an interest in botany.

Most interns choose to live in one of several nice residential communities that are located within 10 to 15 minutes of the hospital. No matter in which direction one travels, there are opportunities for recreation, sports, shopping, and cultural events. Within a thirty-mile radius, there are six major universities. Not only do these institutions offer opportunities for continuing education; they also host special events in art, music, and drama.

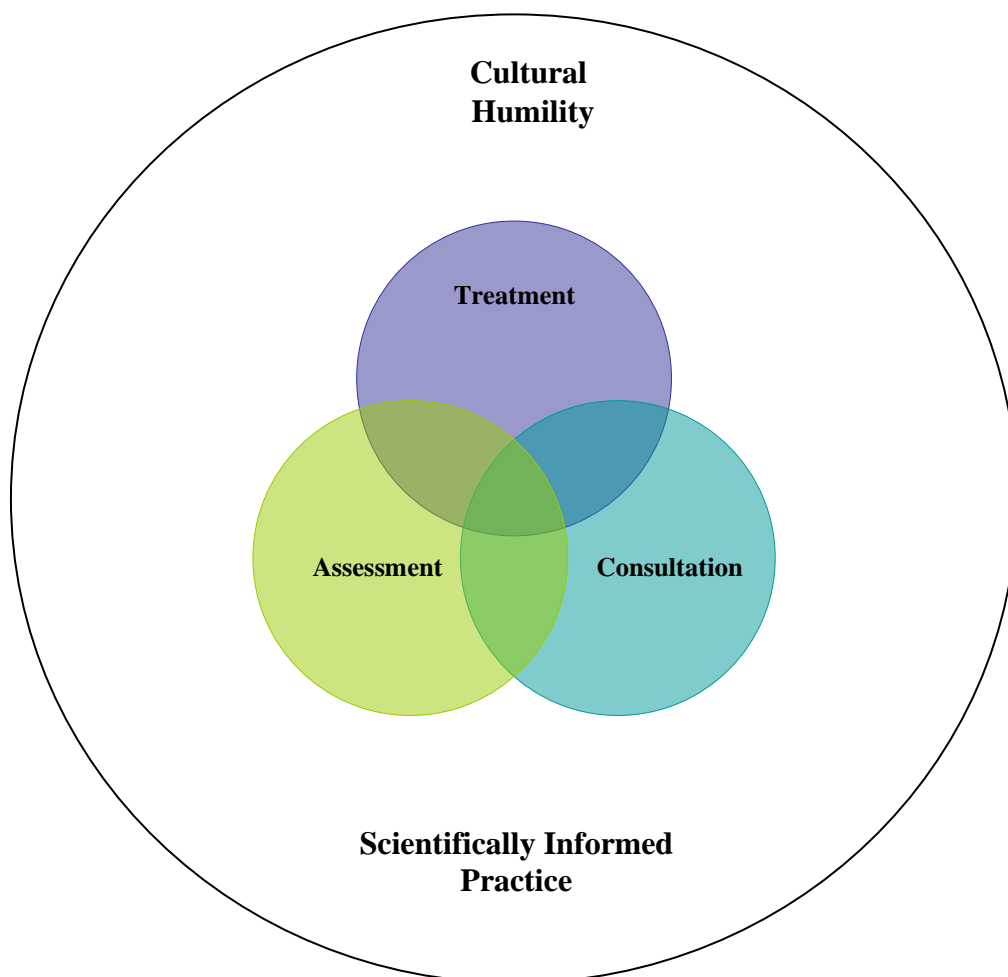
Sports fans will find, within a one and one-half hour drive, two major league baseball teams (the Dodgers and Angels), three professional basketball teams (the Sparks, Lakers, and Clippers), two NHL teams (the Ducks and Kings), three professional soccer teams (Angel City FC, Los Angeles FC, and the Los Angeles Galaxy), and two professional football teams (the LA Chargers and Rams). Soccer participants will appreciate the year-round availability of teams and playing fields. Snow skiing is within 45 minutes; boating, fishing, camping, and water skiing are within 30 minutes; surf and sand are within 60 minutes; and the golf courses in Palm Springs are less than 60 minutes away. If one so chooses, the endless adventure of Hollywood, Los Angeles and Beverly Hills is less than two hours away. San Diego also has numerous recreational and cultural activities and is little more than two hours away. It is not necessary to travel far to find entertainment. In the area there are several movie theaters, two community concert associations, the well-known Redlands Bowl Summer Music Festival, fairs, museums, and parks.

Though Patton is located in Southern California, housing costs are relatively affordable in the areas that surround the hospital. In past years, many interns have chosen to live in apartment communities within a 10-minute drive of the hospital, whereas others have chosen to live in nearby mountain communities, which are about a 30-minute drive from the hospital.

## THE TRAINING PROGRAM: CORE REQUIREMENTS

### Goals and Processes

The overarching goal of the internship program is to prepare trainees for postdoctoral fellowships or entry level practice in clinical psychology by providing in-depth training in the basic foundations of psychological practice. The internship program allows sufficient flexibility for interns to structure their training experiences in accordance with their career goals and interests. However, all interns are provided with enough structure to ensure that they develop the core competencies in clinical psychology outlined in the following sections. Regardless of the intern's chosen concentration area, our training model emphasizes the development of cultural competencies, cultural humility, and scientifically-informed practice in all areas of practice, as shown in the figure below:



At the beginning of the year each intern's clinical skills are evaluated. Patton has three concentration areas, including a Clinical Track, a Forensic Track, and a Neuropsychology Track. Regardless of the concentration, each intern completes the following core assignments. All concentrations require focused experiences beyond the core requirements. The core competencies that are covered in training across all concentrations include the following:

1. Research
2. Ethical and Legal Standards
3. Individual and Cultural Diversity
4. Professional Values, Attitudes, and Behaviors
5. Communication and Interpersonal Skills
6. Assessment
7. Intervention
8. Supervision
9. Consultation and Interprofessional/Interdisciplinary Skills

These core competencies are developed, regardless of the intern's concentration areas, through participation in the following activities:

1. Psychological Assessment and Diagnosis: By completing at least 17 psychological reports, interns learn to draw sound diagnostic inferences and make recommendations relevant to patient needs using clinical interviews, collateral information, and/or psychological assessment data. They will be able to write integrated and useful psychological reports that are guided by specific referral questions. Interns will be able to choose an efficient, yet thorough, assessment battery that is uniquely designed to answer the referral question, while addressing the forensic implications. As part of this requirement, all interns will complete a behavioral plan, at least one brief neuropsychological battery, and at least one court report.
2. Clinical Interventions/Therapy: Interns will carry at least three long-term individual psychotherapy cases throughout the year. At the end of the year, interns are expected to have developed competencies in the following areas:

### **Individual Therapy**

- (a) Conceptualizing cases according to a stated theoretical model
- (b) Integrating culturally-relevant information into case conceptualization and treatment
- (c) Developing basic therapeutic rapport and treatment engagement

- (d) Planning and implementing interventions
- (e) Evaluating the effectiveness of interventions
- (f) Adjusting interventions according to a patient's needs

Interns will be aware of evidence-based treatment methods through seminars or specially assigned cases where manual/protocol-driven interventions can be delivered. All interns will conduct therapy with a person from a different cultural background than the intern (or who speaks another language), complete a culturally-centered formulation of the case, and obtain consultation from an individual whose cultural background is similar to that of the patient, as well as consult with the literature related to that cultural group. The psychology internship at Patton is firmly committed to the goal of producing practitioners who not only are aware of the importance of understanding cultural issues when providing competent treatment, but who also actively integrate cultural considerations into all aspects of treatment (e.g., case formulation, forming and maintaining the therapeutic alliance, evaluating the appropriateness of specific interventions, etc.).

### **Group Therapy**

By co-leading a minimum of two groups with a staff psychologist, interns will develop competency in facilitating group psychotherapy with individuals who have severe mental illness. Through the required groups, each intern will solidify group skills in the following areas: (a) providing group therapy as a co-facilitator, (b) facilitating group process, (c) using group dynamics and process toward positive treatment outcome, and (d) teaching circumscribed skills such as anger management or social skills. Depending on intern interests and hospital needs, there are also opportunities to participate in the development of new groups at the hospital.

3. Multicultural Awareness/Cultural Responsiveness: By focusing on diversity issues in seminars and supervision and providing psychotherapy and assessments to patients from diverse backgrounds (with appropriate supervision and consultation), interns will learn to adjust assessment and treatment strategies to reflect an understanding of individual cultures, languages, abilities, values, and ranges of socioeconomic status. Because of the multicultural demographics of the patient population at Patton State Hospital, each intern has the opportunity to work with a culturally diverse group of individuals from our hospital. To ensure the development of increased cultural competence, interns are required to conduct psychotherapy and psychological evaluations with at least one patient from a different cultural background while receiving consultation from an individual from the same (or similar) background to the patient. Completing a psychological evaluation through an interpreter is an

excellent way to meet this requirement. As mentioned previously, Patton has a monolingual Spanish-speaking unit, as well as a unit that houses deaf patients; in both cases, interpreters are available for trainees in order to provide services to these individuals. Although the numbers listed above reflect the minimum experiences provided to each intern, most interns conduct assessments and provide treatment with a large number of patients from varied cultural backgrounds.

In addition to the experiences discussed above, interns have several opportunities to be supervised by and seek consultation from psychologists from a range of cultural backgrounds. A recent survey of our psychologists indicated that approximately 40% of the psychologists at Patton self-identify as members of ethnic and cultural minority groups and approximately 17% of Patton's current psychologists were born outside of the United States. Additionally, approximately 29% of psychologists are fluent in at least one language in addition to English. Languages in which various psychologists are fluent include American Sign Language, Cantonese, Danish, Hmong, Italian, Korean, Malay, Mandarin, Spanish, and Taiwanese.

4. Consultation and Team Skills: Consultation is a core psychological skill. Because Patton patients are assigned to treatment teams, interns conducting psychotherapy and assessment become consultants to the patient's team. Interns will participate in a treatment team or as a consultant to several treatment teams, learning to consult effectively with peers and other professionals. Additionally, interns will become proficient at contributing psychological expertise to a multidisciplinary treatment staff through participation in treatment conferences, shift change meetings, individual consultation, and a mock court proceeding. Finally, interns have opportunities to provide supervision to practicum students under the supervision of a licensed psychologist.
5. Ethics and Standards of Practice: In seminars and ongoing supervision, interns will review ethics, standards, and laws related to the practice of psychology. A portion of seminar time is devoted to discussion of the APA Ethical Guidelines and the Specialty Guidelines for Forensic Psychologists. In addition, seminar facilitators will discuss ethical dilemmas encountered within the hospital via discussion during seminars and supervision. Interns will develop sensitivity to the specific ethical concerns posed by a forensic setting, particularly with respect to confidentiality, role conflict, use of consultation, and the limitations of our empirical knowledge base.
6. Basic Forensic Skills: Because Patton's patient population consists of forensically committed individuals, a significant portion of the Assessment and General seminars

is devoted to discussion of forensic issues. In supervision and in seminars all interns will learn the ways in which commitment type affects treatment and assessment goals. In addition, interns in the Forensic concentration will be exposed to more in-depth forensic cases including competency to stand trial assessments, readiness for release evaluations for individuals adjudicated not guilty by reason of insanity (NGRI), Mentally Disordered Offender evaluations, sex offender evaluations, and violence risk assessments.

### **Core Seminars**

1. Assessment
2. Psychotherapy/Case Conference
3. Professional Development

### **Organization of the Internship**

The training program is tailored to meet the needs, interests, and current level of training of each intern. The Psychology Internship Committee plans the program with oversight by the Internship Director.

At the beginning of the internship, each intern is assigned to a Coordinating Supervisor who oversees that intern's training and supervises some therapy and/or assessment cases. The Coordinating Supervisor (with the intern) conducts an initial evaluation of the intern's skills that forms the basis for planning **individualized training experiences** in the selected concentration area.





## THE TRAINING PROGRAM: CONCENTRATION AREAS

### Training Concentrations:

Marketplace demands for increased specialization of clinical psychologists have made it necessary for many interns to acquire some specialization at the predoctoral level. Thus, the internship program at Patton State Hospital offers three training concentrations that are integrated with the core curriculum to ensure that the intern's increasing specialization is based on strong skills in assessment, psychotherapy, and consultation. The intern will focused training within the concentration area to which they are matched: (1) Forensic Psychology, (2) Clinical Psychology, or (3) Clinical Neuropsychology.



Because of the patient population at Patton, there is some overlap between the concentrations in that they all deal with a forensic population that consists primarily of individuals with severe mental illnesses. The concentration system is offered to allow the intern to enter the program with varying degrees of professional development and interests. Although some past interns have come to Patton to gain experience in working on an interdisciplinary treatment team within an inpatient psychiatric setting, others have chosen the internship to prepare for a postdoctoral fellowship in forensic psychology or neuropsychology. In all concentration areas, the intern, along with the Coordinating Supervisor, will plan individualized training activities that afford opportunities to work throughout the hospital with a wide variety of patients and legal commitments.

Each intern may individualize her/his/their training program by working through the Coordinating Supervisor and Internship Director to select placements that will maximize exposure in a chosen interest area. Exposure to basic neuropsychology and forensic issues is provided for all interns regardless of concentration area. In addition, each intern is matched with at least one supervisor with a similar theoretical orientation and at least one supervisor who subscribes to a different theoretical orientation than the intern, allowing exposure to a diversity of therapeutic techniques and skills. Interns have consistently indicated this is one of the most enjoyable aspects of the internship.



## Comparison of Internship Concentrations

Concentration	# Therapy Cases	# Groups	# Psychological Assessments/ Evaluations	Required Seminars
Clinical Psychology	6	3	17	Core seminars, Research and Theory
Forensic Psychology	3	2	24	Core seminars, Research and Theory
Clinical Neuropsychology	3	2	18	Core seminars, Neuropsychology Research and Theory





## **CLINICAL PSYCHOLOGY CONCENTRATION**

**Rationale:** Interns in the Clinical Psychology concentration will complete two six-month unit-based rotations:

1. Short-term unit rotation providing assessment and treatment to patients adjudicated as incompetent to stand trial.
2. Long-term unit rotation providing treatment and assessment to patients with longer-term commitments (e.g., not guilty by reason of insanity and offender with a mental disorder commitments).

The training goal of this concentration is to produce well-rounded psychologists who can work in a wide variety of settings, who have transferable skills working on an interdisciplinary team, and have developed specialized skills in the treatment of individuals with severe mental illness within an inpatient psychiatric setting. This concentration also prepares interns for careers involving clinical treatment and evaluation of forensically committed individuals. Interns will receive supervised training in group and individual psychotherapy, psychological assessment, and in working on a interdisciplinary treatment team. Interns also receive experiences consulting to other interdisciplinary teams throughout the hospital. For interns in the Clinical Psychology concentration, the following minimum requirements must be met to complete the internship program successfully.

### **Psychotherapy**

- Interns will carry a minimum of 6 individual psychotherapy cases throughout the year, where short-term and long-term treatment modalities are employed.
- Interns will be assigned to two different six-month rotations (one short-term unit and one long-term unit) and will have primary mentors on those unit-based rotations in addition to the Coordinating Supervisor and Assessment Coordinator.
- One psychotherapy case will be a patient who was found incompetent to stand trial. At least one patient must be of a different cultural background than the intern.
- On the intern's primary unit, she/he/they will attend multidisciplinary treatment meetings for each treatment planning conference her/his/their individual patients. In this context, the intern will function as an integral team member.
- Interns will attend morning meetings and shift changes on their primary units.
- Interns will provide "office hours" for patients on their assigned units.
- Interns will co-lead at least three psychotherapy groups. The intern will also be expected to co-lead a short-term group.

### **Assessment and Psychological Evaluation**

- Interns choosing this concentration will be required to complete 17 written psychological reports. During the short-term rotation, most of these assessments will be admission assessments. At the time of admission, the focus is on screening for cognitive abilities, psychiatric symptoms, performance validity, and symptom validity. Our admissions assessments often include the RBANS, NAB Judgment Test, SNAPSI and PANSS-6 (to evaluate positive and negative symptoms of psychosis), M-FAST, TOMM, and WRAT-5 reading subtests. Our Clinical Concentration interns also complete some longer batteries on patients who are more stabilized after admission. In completing these reports, over the course of the year, the intern must complete 7 objective personality/psychopathology measures (MMPI-3, PAI) and 7 WAIS-IVs. An additional three measures of personality/psychopathology must be completed. These instruments can come from the above list or can be other instruments approved by the Internship Director and Coordinating Supervisor (e.g., MCMII-IV, Trauma Symptom Inventory, etc.). During the year, the intern will complete at least three forensic assessment instruments (e.g., MacCAT-CA, HCR-20, etc.) or forensically related instruments (e.g., SIRS, TOMM, etc.).
- At least one assessment will be conducted on a patient with a different cultural background than the intern, with consultation with a translator and/or individual familiar with that particular culture.
- At least one assessment will be conducted through an interpreter.
- One clinical case conceptualization will be written and presented in the Psychotherapy Seminar.
- At least one report will be a "court report," which is written for the court system to provide an update on a patient's legal status (e.g., progress toward competency to stand trial, readiness for release, etc.).

### **Clinical Psychology Concentration MINIMUM INTERNSHIP REQUIREMENTS**

<b>Psychotherapy</b>	<b>Description</b>
A. Individual Psychotherapy	Each intern will carry a minimum of six psychotherapy cases.
B. Group Psychotherapy	Each intern will participate in at least three psychotherapy groups. A wide variety of groups are available, some of which include process, anger treatment, social skills, trial competence, substance abuse, and various other specialty groups.

<b>Psychological Assessments</b>	<b>Description</b>
A. Assessments/Evaluations (17)	Each intern will complete at least 17 psychological reports. During the course of the year the intern must administer, score, and write up 7 MMPI-3 or PAI, 7 WAIS-IV, and 3 additional approved personality measures. There will also be one clinical case conceptualization (presented in the Psychotherapy Seminar), one neuropsychological screening battery, one court report, one assessment through an interpreter, and three forensic assessment instruments or forensically related instruments. Many assessments/evaluations will include neurocognitive screening with measures such as the RBANS.
<b>Cross-Cultural Competency</b>	<b>Description</b>
A. Psychotherapy	At least one therapy patient will be of a different cultural-ethnic heritage from the intern. At least one consultation will be obtained from a psychologist with a similar cultural heritage to the patient. This will be the basis of the case conceptualization.
B. Assessment	Working through interpreters is a necessary skill for psychologists. Therefore, least one evaluation/assessment will be conducted on a patient of a different language than the intern. During this time, in addition to supervision, the intern will obtain consultation from a supervisor with expertise/experience with the culture of one or more of the patients assessed.



## **FORENSIC PSYCHOLOGY CONCENTRATION**

**Rationale** The forensic psychology concentration is offered to meet the growing demand of applicants who are considering a career in forensic psychology. This concentration offers the intern sufficient exposure to forensic psychology to provide a foundation for those interns who plan to pursue postdoctoral training. A recent survey of internship alumni indicated that many former interns from the Forensic concentration have gone on to pursue postdoctoral fellowships in forensic psychology. Moreover, former interns from this concentration have attained diplomate status in forensic psychology with the American Board of Professional Psychology (ABPP). The forensic concentration will build on a strong foundation of clinical skills that are expected to be present when the intern enters this program. The following minimum requirements must be met for successful completion of the internship.

### **Psychotherapy**

- Interns will carry a minimum of three long-term individual psychotherapy cases throughout the year. There must be at least two supervisors across the three cases (i.e., two patients with one supervisor and one patient with another supervisor).
- Interns will co-lead at least two psychotherapy groups during the year. Group topics may include social skills training, anger treatment, addictions, cognitive rehabilitation, relapse prevention for sex offenders, and several others.

### **Assessments and Psychological Evaluations:**

- Interns choosing this concentration will be required to complete a total of 24 written work products. Over the course of the year the intern must accrue 7 MMPI-3s or PAIs, 7 WAIS-IVs, and 3 additional approved personality measures (e.g., MCMI-IV, TSI, etc.). One clinical case conceptualization will be written and presented in the Psychotherapy Seminar. The remainder of the assessments will be written to answer specific referral questions relevant to treatment or disposition including sex offender risk assessment, readiness for conditional release, assessment of psychopathy, malingering, and competency to stand trial. Many assessments/evaluations include a brief cognitive screening.
- In the course of completing the required 24 assessments and evaluations, the intern will gain experience with at least four forensic assessment instruments (FAI) or forensically related instruments (FRI). A partial list of FAI and FRI examples is listed below:

FAI Examples

- HCR-20
- VRAG
- STATIC-99
- PCL-R
- PCL-SV
- MacCAT-CA
- ECST-R

FRI Examples

- SIRS/SIRS-2
- M-FAST
- VIP
- TOMM
- Symptom-Validity Testing

## Forensic Psychology Concentration MINIMUM INTERNSHIP REQUIREMENTS

<b>Psychotherapy</b>	<b>Description</b>
A. Individual Psychotherapy	Each intern will carry a minimum of three individual psychotherapy cases. Each intern will have a minimum of two therapy supervisors.
B. Group Psychotherapy	Each intern will be assigned two psychotherapy groups. A wide variety of groups are available, some of which include process, anger treatment, social skills, trial competency, relapse prevention for violent sex offenders, and various other specialty groups.
<b>Psychological Assessments</b>	<b>Description</b>
A. Assessments (24)	Each intern will complete 24 psychological assessments/evaluations. During the course of the year the intern must administer, score, and write up 7 MMPI-3's or PAI's, 7 WAIS-IV's, and 3 additional approved personality assessment measures. Interns will have experience using at least four of the forensic assessment instruments and/or forensically related instruments to address questions in the following areas – risk assessment (sex offender or general), readiness for release, malingering, competency to stand trial, or treatment planning. Included in this category are one brief neuropsychological report, one clinical case conceptualization (to be presented in the Psychotherapy Seminar), and three court reports.
<b>Cross-Cultural Competency</b>	<b>Description</b>
A. Psychotherapy	At least one therapy patient will be of a different cultural-ethnic heritage from the intern. At least one hour of consultation will be obtained from a psychologist with a similar cultural heritage to the patient and this will be the basis for the case conceptualization.
B. Assessment	Working through interpreters is a necessary skill for psychologists. Therefore, least one evaluation/assessment will be conducted on a patient of a different language than the intern. During this time, in addition to supervision, the intern will obtain consultation from an individual of the same, or similar, cultural background.

## CLINICAL NEUROPSYCHOLOGY CONCENTRATION

**Rationale:** Patton has a Neuropsychology Consultation Service (NCS) consisting of six full-time clinical neuropsychologists. The clinical neuropsychology concentration is primarily under the supervision of Patton's neuropsychologists, Dominique Kinney, Ph.D., ABPP-CN, Steve Nitch, Ph.D., ABPP-CN, Loren King, Ph.D., ABPP-CN, Cynthia Aguilar, Psy.D., Kiera Himsl, Psy.D., and Bradley Reynolds, Ph.D. Neuropsychological supervision is also available from Mark Williams, Ph.D. All the above supervisors have completed formal postdoctoral fellowships in neuropsychology, and three of our neuropsychologists are board certified in clinical neuropsychology through ABPP. Our clinical neuropsychology track is unique among neuropsychology training programs because it provides in-depth training in the growing subspecialty of psychiatric neuropsychology and also provides significant exposure to forensic neuropsychological assessment at the predoctoral level.



Clinical neuropsychology is a well-established area of psychology. One of its fastest expanding subfields is psychiatric neuropsychology. Psychiatric neuropsychology is the neuropsychological assessment and treatment of individuals with severe psychiatric illnesses. Psychiatric neuropsychology emerged in response to an impressive body of literature that clearly demonstrates that neurocognition is impaired in individuals with schizophrenia (Feinberg & McIlvried, 1991; Gold, Queern, & Iannone, 1999; Green & Nuechterlein, 1999; Green et al., 2000; Hobart, Goldberg, Bartko, & Gold, 1999; Keefe et al., 2006; Kurtz, Moberg, Gur, & Gur, 2001; Sapir, Henik, Dobrusin, & Hochman, 2001).

Furthermore, more and more researchers are concluding that neurocognitive impairment is a core feature of schizophrenia (Greene et al, 2004; Keefe, et al., 2006) just as delusions and hallucinations have long been previously identified as the hallmark symptoms of psychosis; however, perhaps more importantly, neurocognitive deficits are the single strongest correlate of real-world functioning (Green, 1996) in individuals with schizophrenia. As science refines its understanding of schizophrenia (see CATIE studies, such as Keefe et al, 2006), the role of neuropsychological assessment and treatment is becoming increasingly important in psychiatric settings, as it can inform the diagnosis, treatment, and prognosis of psychotic-spectrum disordered individuals. Consequently, there is an increasing demand in state hospitals and other psychiatric treatment settings for neuropsychologists who have competency in the assessment and treatment of individuals with severe psychiatric illnesses. Unfortunately, the growing demand for neuropsychologists with a psychiatric specialization has not been matched by the development of widespread training resources in this area.

The neuropsychologists at Patton are proud to have established one of the few training sites in the country that provide training to Neuropsychology Interns and Post Doctoral Fellows in Neuropsychology in the ever-growing area of psychiatric neuropsychology. Patton's neuropsychology concentration not only provides training in psychiatric neuropsychology, but also provides training in traditional medical neuropsychology issues, such as traumatic brain injury, dementias, and a wide array of other medical conditions. Furthermore, trainees will also learn to consider the interplay between Neuropsychology, psychiatry, and forensic issues with each assessment or treatment case.

Although there are unique training opportunities at Patton, the overall intent of this concentration is to provide an intern with the requisite training to be a competitive candidate for a neuropsychology postdoctoral fellowship. The requirements are designed to facilitate completion of the pre-doctoral prerequisites articulated at the Houston Conference by APA Division 40 (See Appendix D). All of the requirements listed below must be met for successful completion of the internship.

### **Neuropsychological Assessment**

DSH-Patton is a hospital that houses approximately 1,500 hundred patients at any given time. Given the number of patients that are serviced throughout hospital, there is ample opportunity to conduct comprehensive neuropsychological assessments for individuals with a myriad of neurobehavioral syndromes. As a result, by the end of their internship, interns will be exposed to various clinical syndromes, with special emphasis on those of a psychiatric nature (e.g., psychotic spectrum illnesses). Interns will also have exposure to common neurobehavioral syndromes (e.g., dementias, amnesic syndromes, etc.).

While interns will become well versed in conducting neuropsychological evaluations that are psychiatric in nature, Patton State Hospital also affords the intern opportunities to be exposed to a variety of referrals that are found in traditional medical settings. Some types of neuropsychological referrals available to interns include:

**Dementia and other neurodegenerative conditions:** There are a wide age range of patients at PSH, including a significant geriatric population. All types of dementia are seen, including Alzheimer's Disease, Frontotemporal Lobar Degeneration, Vascular Dementia, Lewy Bodies Dementia, as well as other neurodegenerative conditions (e.g., Parkinson's Disease, Huntington's Disease).

**Seizure Disorders:** The prevalence rate of seizure disorders is higher in the psychiatric community than in the population at large. Opportunities to assess both primary and secondary seizure disorders are available.

**Traumatic Brain Injury:** Although acute cases are occasionally seen, a large percentage of patients have a reported history of head trauma. Many of our patients have comorbid conditions that complicate the diagnostic picture (e.g., substance abuse, chronic mental illness, learning disorders).

**Chronic viral infection:** There is the opportunity to provide ongoing and serial assessments of patients with chronic viral infections (HIV, Hepatitis C, etc.).

**Cognitive Malingering:** A variety of commitment types are represented at PSH, including those adjudicated to be incompetent to stand trial. In addition to other mediating factors, this creates the potential for exaggeration of cognitive deficits in patients who are assessed.

**Other forensic issues:** At PSH, the Neuropsychology Service is often called upon to help address how the cognitive functioning of patients might impact their legal status and readiness for community release. Neuropsychological assessments will typically include recommendations that will help guide treatment related to these forensic issues.

**Neuropsychology consultations:** The Neuropsychology Service provides consultation to all disciplines. Interns acting as consultants may be asked to present neuropsychological findings during treatment conferences, the rehabilitation management committee, the HIV committee, and to other teams as needed.

**Cognitive Remediation:** The neuropsychology intern will have the opportunity to provide neuropsychological assessments to inform treatment as it related to cognitive remediation.

Interns will be able to plan and perform neuropsychological evaluations addressed to the specific referral questions and will be able to write comprehensive reports, outlining the relevant conclusions and recommendations. They will be able to clarify the reason for assessment and deliver a helpful work product, appropriate for a forensic setting. They will be competent in the administration and interpretation of standard neuropsychological tests.

In terms of comprehensive neuropsychological assessments, the program emphasizes a "Process" model, which utilizes a flexible (rather than fixed) battery based on a hypothesis-testing method. To respond to referral questions in this setting, neuropsychologists integrate both qualitative and quantitative data (cognition, personality, and behavior) to help provide effective treatment recommendations to meet forensic and clinical goals.

## **Cognitive Remediation**

Cognitive remediation is considered an integral part of the NCS team's role at Patton. Our approach embodies the goal of not just educating and training our patients, but in *empowering* them throughout the rehabilitation process. This of course means looking beyond data and diagnoses in isolation, but rather cultivating a holistic framework for all individuals as we guide them through treatment. We aim to elevate innate ethnocultural and socioemotional strengths, while also calling attention to vulnerabilities which might be missed in the usual milieu of care. As such, participation in cognitive remediation programming at Patton entails dynamic neurobehavioral assessment and structured intervention which aligns with each patient's needs. Our prerogative is to avoid judgment, and instead to do what we can to heal and move our patients forward.

Below is the description of the two primary cognitive rehabilitation programs at DSH-Patton. In addition to these formal cognitive remediation programs, residents may have the opportunity to provide individual cognitive remediation to patients on an as needed basis.

### *Functional Rehabilitation and Education Experience (FREE) Program*

The Functional Rehabilitation and Education Experience (FREE) Program is an innovative cognitive rehabilitation program designed to meet the unique needs and challenges of individuals committed to the California Department of State Hospitals (DSH) pursuant to PC 1370, Incompetent to Stand Trial. It was developed because everyone has the right to a fair and speedy trial and therefore deserves effective and accessible treatment when it is needed to obtain trial competency. To achieve that goal, the cognitive skills building component of the program is informed by cognitive science and focuses on improving attention, memory, and decision-making. The court competency skills building component of the program focuses on learning the roles of various courtroom personnel, entering a plea, plea bargaining, and the trial process. Members are enrolled in FREE after being identified as having significant cognitive challenges and not progressing in the standard trial competency restoration treatment offered in the hospital milieu. FREE is a time-limited, manualized treatment that integrates various methods to assist individuals in achieving their treatment goals. Lesson plans are engaging, provide frequent opportunities to practice newly acquired skills, and incorporate cutting edge technology to make learning fun. FREE is grounded by data and driven by outcomes. Objective, standardized measures of treatment fidelity and patient progress are regularly administered to ensure quality of services. FREE is offered in multiple languages and prides itself in providing patients equal access to treatment. Currently, FREE is available for both English and Spanish speaking populations. All neuropsychology post-doctoral fellows at DSH-Patton take an active role in providing FREE treatment and conducting pre- and post-evaluations of individuals referred to the program.



### *Cognitive Rehabilitation with Long-Term Patients at DSH-Patton: RISE & SHINE*

Cognitive rehabilitation programs for our long-term patients utilize multifaceted neurocognitive and social cognition training exercises for individuals with psychiatric disorders and severe cognitive needs and challenges. The guiding principle of these programs is to create an environment of support and hope for the individual to engage in attitudes and activities that are recovery focused, enjoyable and life enhancing. A means to facilitating recovery is to reduce maladaptive behaviors and psychiatric symptoms. This can be achieved through increases in social and adaptive behaviors. Our cognitive rehabilitation programs for long-term patients aim to assist participants in modifying cognitive structures by transforming their passive and dependent cognitive style into one that is autonomous and based upon increased self-efficacy. The ultimate goal is to assist individuals in the development of specific behaviors relevant to improving deficits in social interactions, social information processing and emotional regulation.

Strategies and therapeutic interventions set forth in our long-term cognitive rehabilitation programs are grounded in the recovery philosophy. Recovery is seen as a process, a way of life, an attitude, and a way of approaching the day's challenges. The need is to meet the challenge of the disability and to re-establish a new and valued sense of integrity and purpose within and beyond the limits of the disability; the aspiration is to live, work and develop meaningful relationships in a community in which one makes a significant contribution. A recovery paradigm is each person's unique experience on his or her road to recovery. Recovery is not the same as cure. Recovery involves developing a sense of fulfillment of being oneself, by striving to maximize innate talents and abilities. Recovery involves self-acceptance including accepting of illness as well as working towards health, through conscious effort and personal responsibility.

Currently, there are two primary structured cognitive remediation groups offered for long-term patients at DSH-Patton: RISE & SHINE. The purpose of RISE (**R**ecovery **I**nspired **S**kills **E**ducation) – Social Cognition Training Group is to develop, enhance, and strengthen social skills deficits that are common among individuals with schizophrenia and other neurocognitive disorders. Informed by the science of social cognition and cognitive remediation, the RISE Social Cognition Training Group utilizes a manualized and multimodal treatment model designed to incrementally improve an individual's ability to engage in appropriate responses to social and environmental challenges. Participants in the RISE Social Cognition Training Group learn how to appraise and assign value to social information to inform appropriate behavioral responses, ultimately helping the individual navigate through real world social situations in a safer and more effective manner.

The SHINE Program (**S**upporting **H**ealth & **H**appiness **I**n **N**ew **E**nvironments) uses the principles of cognitive remediation to help patients achieve their treatment goals and confidently advance toward outpatient readiness. It strives to employ research-based practices that work in concert with the interventions carried out by treatment teams. The dignity and unique learning style of each individual is valued along with the belief that everyone has the potential for meaningful recovery.

### **Neuropsychological Services for Spanish Speakers**

One of our missions within the NCS department is provide equity of care to all of our patients. In parallel to its location in Southern California, Patton State Hospital houses many individuals whose primary language is Spanish. As a result, NCS has dedicated itself to provide equitable and accessible services to Spanish speaking patients within the hospital, and runs a thriving service dedicated to providing Spanish speaking assessments as well as cognitive rehabilitation services. For interns that are interested in the experience, there is an opportunity to provide comprehensive neuropsychological evaluations for monolingual Spanish speaking patients throughout the hospital. There are also opportunities to provide cognitive remediation treatment in Spanish, and the opportunity to conduct research that directly impacts assessment and treatment to our Spanish speaking populations.

### **Psychotherapy:**

- Neuropsychology interns will carry a minimum of three long-term individual psychotherapy cases, for which there will be at least two different supervisors. One of the three long-term cases will be a cognitive rehabilitation case.
- Interns will co-lead a cognitive rehabilitation group and two short-term (12-week) groups.

### **Assessment and Psychological Evaluation**

- Interns in the neuropsychology concentration will be required to complete a total of 18 psychological reports. At least 15 psychological assessments will include formal psychological testing, of which at least 10 will be comprehensive neuropsychological batteries. Over the course of the year, the intern will complete five MMPI-2/MMPI2-RF/PAI's and seven WAIS-IVs. Included in this number will be one clinical case conceptualization (to be presented in the Psychotherapy Seminar) and one court report.
- In the course of this concentration, interns will be expected to address at least three of the following questions:
  - Head Injury Neuropsychological Assessment
  - Malingering Cognitive Impairment
  - Differential Diagnosis of Dementia
  - Treatment Planning

- HIV Neuropsychological Assessment
- Geriatric Neuropsychological Assessment
- Screening for Cognitive Rehabilitation Group
- Trial Competency

**Seminar**

- Guided Readings in Neuropsychology (Required)

## Clinical Neuropsychology Concentration MINIMUM INTERNSHIP REQUIREMENTS

<b>Psychotherapy</b>	<b>Description</b>
A. Individual Psychotherapy	Each intern will carry a minimum of three long-term psychotherapy cases under at least two supervisors.
B. Group Psychotherapy	Each intern will be assigned one yearlong cognitive rehabilitation group. The intern will co-lead this group that teaches the acquisition of skills of daily living and prosocial interpersonal interaction. In addition to the cognitive rehabilitation group, two short-term groups will be completed. A wide variety of groups are available, some of which include process, anger treatment, social skills, trial competency, relapse prevention for violent sex offenders, and various other specialty groups.
<b>Psychological Assessments</b>	<b>Description</b>
A. Assessments/Evaluations (18)	Each intern will complete 18 psychological reports. At least 10 assessments will be comprehensive neuropsychological batteries. During the course of the year the intern must administer, score, and write up 5 MMPI-2/MMPI-2-RF or PAI and 7 WAIS-IVs. There will also be at least court report one behavioral plan.
<b>Cross-Cultural Competency</b>	<b>Description</b>
A. Psychotherapy	At least one therapy patient will be of a different cultural-ethnic heritage from the intern. At least one consultation will be obtained from a psychologist with a similar cultural heritage to the patient. This will form the basis for the case conceptualization/cultural formulation.
B. Assessment	Working through interpreters is a necessary skill for psychologists. Therefore, at least one evaluation/assessment will be conducted on a patient of a different language than the intern. During this time, in addition to supervision, the intern will obtain consultation from someone of the same, or similar, background.

## **INTERN EVALUATION**

### **Deadlines for Assessments**

Although the deadlines for assessments will be primarily dictated by the referral source for each assessment, the following guideline is offered to assist interns in tracking their progress toward completion of the internship:

Mid January: Six assessments/evaluations.

Mid May: Half of the total number of required assessments/evaluations are due.

End of August: All assessments/evaluations are due.

Additionally, when each assessment is assigned, the intern is provided with an "Assessment Tracking Form," which is used to document the date the assessment was assigned, the date the first draft is turned in, the date the supervisor returns the first draft, and the date of the final report. In general, interns are expected to turn around the first draft within two weeks of being assigned to an assessment and supervisors are expected to provide feedback within a week of receiving the first draft. The "Assessment Tracking Form" is useful for helping interns to track their progress in completing assessments in a timely manner.

### **Intern Performance Evaluation**

As previously noted, the Coordinating Supervisors conduct evaluations of each intern's abilities at the beginning of the training year. Informal feedback is provided to interns on an ongoing basis during supervision. Formal evaluations of an intern's progress are conducted at the beginning, middle, and end of the training year and the findings are communicated to the interns and their schools. At the end of the year, written evaluations are provided to each intern's school. After all training requirements are completed, a certificate of completion is awarded to each intern with a copy sent to the school.

### **Program Performance Evaluation**

Throughout the year, interns are invited to bring their concerns to the Internship Committee through their Coordinating Supervisors or the Internship Director. The Internship Committee and Director consider their concerns and make changes as appropriate. The Internship Director also meets with each intern on a monthly basis to elicit concerns about aspects of his or her training program. In addition, feedback is solicited on an ongoing basis during the seminar series. In particular, each psychotherapy seminar meeting starts with an informal period wherein interns are provided with the

opportunity to ask questions and provide feedback about the program. At the end of the year, interns complete anonymous written evaluations of their supervisors and evaluate their experiences, seminars, and the program as a whole. Additionally, internship alumni are surveyed every few years to provide longitudinal data on intern career paths and satisfaction with the training experience they received during their internship years. This feedback is used to modify the program as part of the goal of continuously improving the quality of training.

## **SEMINARS AND TRAINING**

All interns, regardless of concentration area, attend three seminars that include a mixture of didactic presentations, group discussions, and group supervision. Through this type of group supervision, interns expand their exposure to a wide variety of information and case material. Interns will also have some practice in peer supervision. Assigned readings are discussed and printed handouts are frequently distributed. Didactic material is often presented by staff and interns in order to cover issues such as professional ethics, legal considerations, assessment procedures, research, cross-cultural issues, psychopharmacology, and psychotherapy.

### **Professional Development Seminar**

The Professional Development Seminar is intended to provide a forum for discussing issues related to the professional development of psychologists. This seminar includes several case discussions during the year that are focused on cases where the intern facilitating the discussion is from a different cultural background than the patient being discussed in the case presentation. This experiential process provides many avenues within which to discuss the unique cultural interplay that occurs in cross-cultural therapy. Readings for this seminar primarily focus on issues related to cultural competence and the integration of science and practice, two issues that are central to our internship's training mission. The case discussions provide real-world material within which to discuss the issues and topics covered in the readings. At times, this seminar will also include movies and/or field trips to help highlight areas that are covered in the seminar discussions. The forensic portion of the seminar is intended to orient the interns to the practice of forensic psychology in a state hospital and in the community. Seminar topics during this portion of the seminar will cover the various commitments that are typically seen in criminal forensic practice such as Incompetent to Stand Trial (ICST), Not Guilty by Reason of Insanity (NGRI), Sexually Violent Predator (SVP), Mentally Disordered Offender (MDO), and civil commitments. The Professional Development Seminar is facilitated by Drs. Jesus Rodriguez and David Glassmire.

### **Psychotherapy Seminar**

The psychotherapy seminar is designed to assist interns in conceptualizing treatment and developing evidence-based treatment plans that are effective for people suffering from severe mental illness. This seminar is focused on the practical application of therapeutic interventions. Throughout this seminar, interns will be exposed to multiple psychologists who work throughout our hospital, thereby allowing interns to learn about the practical application of many approaches with our patient population. Some presenters also focus on their work as psychotherapists outside of our hospital to provide additional contexts for considering different interventions. Much of the seminar focuses on working with

people in various stages of recovery from psychotic disorders, mood disorders and severe character pathology. Interns are sometimes assigned readings for discussion. The seminar aims to strengthen therapeutic skills through a combination of didactic training, group supervision and intern presentations on chosen readings. Once per month, this seminar includes a case conference discussion facilitated by one or more of our core psychotherapy supervisors.

### **Assessment Seminar**

This seminar begins with a brief review of basic concepts that are common to all psychological assessments (e.g., issues of reliability, validity, sampling, confidence intervals, cultural considerations, sensitivity and specificity, base rate considerations, etc.). At the completion of the basic psychometric review, the seminar provides in-depth training in the use of Patton's core personality assessment instruments (MMPI-3 and PAI) and training on the WAIS-IV. Finally, a number of basic neuropsychological and forensic assessment instruments are addressed throughout the year and training is provided on major types of criminal forensic evaluations including competency to stand trial, mental state at the time of the offense, and violence risk assessment. Dr. David Contreras facilitates the Assessment Seminar, and a number of different psychologists join the seminar as guest discussants on their various topics of expertise. See Appendix C for an outline of seminar topics.

### **Topics in Forensic Psychology**

Interns in the forensic concentration will have opportunities to participate with postdoctoral fellows in selected activities and seminars on forensic psychology.

### **Neuropsychology Research and Theory**

The individual participating in the neuropsychology concentration will be involved in guided readings and discussions related to her/his/their assessments. Additionally, the neuropsychology intern will have opportunities to participate in some of the neuropsychology postdoctoral seminars and case presentations.

### **Additional On-Site Training Opportunities**

Interns are encouraged to attend hospital-wide training activities. Recent hospital offerings have included exposure to CBT for psychosis, violence risk assessment, the recovery model, positive behavioral support, multicultural issues, ethics, supervision, suicide assessment, aging, substance abuse, Dialectical Behavior Therapy, and forensic report writing among others. Staff members with expertise in various areas often provide on-site training and at times outside consultants are recruited for specialized training. Patton hosts an annual Forensic Conference addressing research and practice in forensic mental health, with presenters traveling from around the country to present on topics of



immediate interest to forensic mental health professionals. When possible, Patton psychologists also conduct seminars that are necessary for licensure in California (e.g., Child Abuse Reporting, Domestic Violence Assessment, Human Sexuality, etc.). In addition to these opportunities, previous Patton interns have had the opportunity to present at hospital- and department-wide events, furthering their contributions across disciplines. For example, for more than 10 years, interns have presented the psychiatric diagnosis section for the annual Nutrition and Dietician Conference held at Patton.

### **Off-Site Conferences**

Depending on the annual training budget and availability of conferences in California, interns sometimes are able to be subsidized to attend off-site conferences within the state. When subsidies are not available for budgetary reasons, interns are generally provided with time off to attend conferences. In years past, psychology interns and postdoctoral fellows have attended annual conferences of the American Academy of Forensic Psychology, the National Academy of Neuropsychology, the International Neuropsychological Society, the American Psychology-Law Society, the Society for Personality Assessment, and the American Psychological Association.

### **Meetings**

Interns at Patton are members of the psychology professional staff and attend relevant staff meetings and conferences, participate in psychology staff discussions, and learn to be professional psychologists by working in close association with staff. The Clinical Professional Issues Forum (CPIF; generally held on the third Wednesday of each month) provides opportunities to attend seminars conducted by Patton psychologists on topics of interest to the group. Each year the interns also present ongoing research projects at CPIF, furthering their contributions to the department. Interns have ample opportunity for contact with members of other professions through staff meetings, unit activities, and by exposure to various hospital programs. Interns are an integral part of the psychology department at the hospital.

### **Case Presentations**

Interns have opportunities to present aspects of their work, including psychodiagnostic and psychotherapy cases, before the interdisciplinary professional staff at treatment planning conferences and at semi-annual staffing reviews. In addition, interns present and discuss their cases at various points during all three of the seminars.

### **Mock Court**

Given the nature of the setting (i.e., an inpatient forensic hospital), it is important that trainees develop the skillset necessary to testify on the stand. As such, the capstone experience for trainees includes the opportunity to participate in mock court proceedings,

wherein each trainee has the chance to be direct and cross-examined on a forensic report. Generally, this experience is at the end of the year and represents a capstone experience. Feedback is provided to each trainee on their report, as well as their mock testimony. Interns have reported this is a great learning experience, and particularly helpful for those who go on to work in forensic settings.

### **Field Trips**

Visits to Southern California courts may be arranged to observe court hearings and testimony relating to forensic issues such as release to the community, competency to stand trial, certification, writs of habeas corpus, guardianship, conservatorship, extension of commitment hearings, and other court proceedings related to forensic psychology. Interns are also invited on occasion to observe Patton psychologists testify in court.

Potential field trips include:

- California Institution for Men/California Institution for Women
- Parole Outpatient Clinic
- Los Angeles Mission

### **Research**

In keeping with our goal of preparing interns for the next step in their psychology careers, interns are encouraged to complete their dissertations. Interns are provided time to work on their dissertations. Each intern has his or her own computer that is equipped with Microsoft Word, Excel, Access, and the latest version of SPSS. Additionally, Patton has an excellent staff library with interlibrary loan privileges at several other libraries throughout the state. Depending on the intern's interests and staff availability, interns may even be able to obtain some dissertation consultation from staff psychologists. All interns are assigned to a research group. Our department has several ongoing IRB approved research groups with access to large archival datasets. Some of the current ongoing research projects at PSH include research on malingering assessment, MMPI-3, neuropsychological functioning of psychiatric patients and violence risk assessment research. We have an undergraduate research assistant program, which provides the opportunity for interns to obtain assistance in data coding/data entry and allows interns the opportunity to gain supervision and managerial skills as part of their participation in research at Patton. Former interns have presented Patton research projects at professional conferences and published manuscripts based on Patton data. Authorship is discussed at the outset of an intern's participation in a project and is based on each person's contributions to the project.

### **Resources for Training**

Patton's internship program has access to a wealth of internal and external training resources including an excellent staff library that subscribes to several psychology

journals, computers, voice mail, teleconferencing ability, assessment materials, assessment software, and dictation equipment.

### **Supervisors**

The staff of the psychology department is diverse and includes psychologists with different ethnic, socioeconomic, and educational backgrounds, interests, and areas of expertise. This makes it possible to include multicultural experiences as part of an intern's training, as well as to offer a breadth of experiences in areas of interest to interns. A list of all psychologists at Patton is included provided at the end of this brochure. For further information about the interests and supervision styles of our internship committee, please visit our internship web page and select the "Internship Committee" link.



## APPLICATION INFORMATION

### Application Deadline: November 13<sup>th</sup>

Please note that November 13<sup>th</sup> is the date by which all required materials must be submitted via the APPIC online applicant portal and one of the Patton tracks must be selected as a "Designated Site" for receiving your materials.

Our application process is outlined in detail on our website (see address below). Applicants must submit all materials for the APPIC application process, as well as one form that is required by the State of California for employment at our setting. APPIC applications are submitted via the applicant portal on the APPIC website ([www.appic.org](http://www.appic.org)). Please note that because we are a California State facility, all applicants must also submit a "California Examination and/or Employment Application" form (i.e., Form 678) as part of their application process. Instructions for submitting this form are available on our website. Please note that the Form 678 must be completed in its entirety. Our Human Resources Department will not accept this form with notations such as "see attached vita" in lieu of completing the items in the actual form. In order to facilitate this process, an electronic version of the form can be downloaded from the application information portion of the Patton Psychology Internship web page and applicants can copy and paste relevant training/work experience directly out of their CV and into the form.

## **Funding**

Funding is through a Civil Service Appointment to the Job Classification, Clinical Psychology Intern. Payment occurs at the first of each month. The first full paycheck is available October 1. **The annual salary for the 2024-2025 training year is approximately \$50,628.00.** There are no unpaid positions.

## **Holidays, Vacation Time and Medical Benefits**

Interns have the same holidays as other state employees, plus one day per month of accrued sick leave and two weeks of paid vacation time. This accrues at the rate of approximately 11 hours per month. Unused vacation time is paid to the intern at the end of the year. Alternatively, interns may choose Annual Leave. This is accrued at the rate of 8 hours per month and may be used for vacation or sick days. All annual leave is reimbursable. All hospital employees also receive two professional development days per year, which interns often use to defend their dissertations. Several medical insurance plans are available to the intern with set amounts paid by the state, depending upon marital status and number of dependents. Vision and dental coverage are also available.

## **Starting Time**

The internship begins on the first day of September per the California calendar. Usually the start date falls between August 31 and September 2.

## **Interviews**

Qualified applicants will be contacted to schedule an interview **after** the application materials are reviewed. To keep the cost of applying to Patton low, we conduct all interviews via videoconference. Applicants who are invited for interviews will be asked to complete a writing sample. Mock testing data will be emailed to applicants who will be interviewing, and they will be asked to return a brief write-up of the assessment data.

## **Caveat**

Although internship offers are made in February through the APPIC match, actual employment in September is contingent on passing a physical examination (including a drug screening) and a security clearance following fingerprinting.

## CONDITIONS OF INTERNSHIP

### The Requirements

Internship applicants must be currently enrolled in a doctoral program (preferably APA-accredited) in clinical psychology at a recognized university or professional school, must be recommended by the clinical program, and must meet our prerequisites. Patton is unable to review applications from programs where the degree is awarded in a nonclinical specialty (e.g., degrees in forensic psychology). The Patton internship is a member of the Association of Psychology Postdoctoral and Internship Centers (APPIC) and our intern positions are selected through the APPIC match. Details on the match process can be found on the APPIC website ([www.appic.org](http://www.appic.org)). This internship site agrees to abide by the APPIC policy that no person at this training facility will solicit, accept, or use any ranking-related information from any intern applicant.

Civil service requires that applicants have completed a core curriculum and a minimum of 500 hours of assessment and therapy practica in clinical psychology. Since 1990, all successful applicants have completed more than 1,000 practicum hours (including non-face-to-face time such as supervision and report writing). There is a strong emphasis on psychological assessment, and having administered, scored, and written at least 7 psychological assessments is expected.

The Patton State Hospital Psychology Internship is committed to maintaining diversity among our trainees in all areas including but not limited to ethnicity, gender, religion, sexual orientation, gender identity, and socio-cultural background. Individuals from under-represented groups are strongly encouraged to apply.

### FOR FURTHER INFORMATION

Write, email, or call: David M. Glassmire, Ph.D., ABPP

Internship Director

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## **PSYCHOLOGY STAFF**

There are currently 85 psychologists on staff at Patton. The Ph.D. or Psy.D. degree in clinical psychology (or combined clinical/counseling psychology) is a requirement for appointment to a staff position. Many of our psychologists have completed formal postdoctoral fellowships. All psychologists are either licensed in California or actively working toward licensure (Note: all Coordinating Supervisors, Assessment Coordinators, Rotation Supervisors, and Seminar Leaders are licensed in California). Seven psychologists at Patton are diplomates of the American Board of Professional Psychology (ABPP) in various specialties including Clinical Psychology, Clinical Neuropsychology, Forensic Psychology, and Police Psychology.

Most psychologists are members of interdisciplinary treatment teams that consist of a psychologist, psychiatrist, social worker, rehabilitation therapist, psychiatric technician, RN/case manager, and other specialized staff as needed. As a team member, in addition to providing therapeutic and assessment services, a psychologist provides information that is used in developing the treatment plan and in evaluating patients for release. We have a Neuropsychology Consultation Service (NCS) with six full-time clinical neuropsychologists and a Forensic Evaluation Department (FED) with 21 full-time forensic evaluators. Additionally, our department has several Senior Psychologists who have a number of responsibilities including mentorship of new Staff Psychologists, monitoring of psychology work, and supervision of trainees. We have a Chief of Psychology who oversees our entire department.

A wide variety of theoretical orientations are represented among staff members, including cognitive behavioral, strategic, humanistic, feminist, sociocultural, psychodynamic, and psychosocial approaches to treatment. Areas of staff interest or expertise include cross cultural psychology, forensic psychology, the psychology of oppression, spirituality and psychotherapy, program planning and development, neuropsychology, drug and alcohol treatment, treatment of personality disorders, geropsychology, staff training and development, behavioral assessment and treatment planning, working with families, and treatment of family violence, among others.

## **PSYCHOLOGY STAFF**

### **Belel Ait Oumeziane, Ph.D.**

Graduate School: Purdue University  
 Internship: VA Boston Healthcare System (Addictions and Co-Occurring Disorders Track)  
 Postdoctoral Fellowship: VA Boston Healthcare System (Dual Diagnosis Track)  
 Interests: Evidence-based treatments; PTSD; Substance use disorders; Mood disorders  
 Theoretical Orientation: Cognitive Behavioral (CBT, ACT, DBT)

### **Cynthia Aguilar, Psy.D.**

Graduate School: Indiana University of Pennsylvania  
 Internship: Bruce W. Carter Department of Veterans Affairs Medical Center  
 Postdoctoral Fellowship: Patton State Hospital (Neuropsychology)  
 Interests: Neuropsychological assessment; Increasing accessibility of culturally competent assessments and treatment; Cognitive remediation treatment; Geropsychology  
 Language Proficiency: Spanish  
 Theoretical Orientation: Cognitive Behavioral

### **Araks Akopyan, Psy.D.**

Graduate School: University of La Verne  
 Internship: Northeast Florida State Hospital  
 Interests: Multicultural Issues, Severe Mental Illness, Forensic Psychology  
 Language Proficiency: Armenian  
 Theoretical Orientation: Cognitive Behavioral

### **Michelle Alfaro, Psy.D.**

Graduate School: University of La Verne  
 Internship: Institute of Multicultural Counseling and Educational Services (IMCES)  
 Interests: Burnout; Social Contagion Theory  
 Language Proficiency: Spanish  
 Theoretical Orientation: Family Systems



**Marla Berry, Ph.D.**

Graduate School: Loma Linda University  
 Internship: Cleveland VA Hospital  
 Postdoctoral Fellowship: Patton State Hospital (Clinical Psychology)  
 Interests: Experiential techniques in psychotherapy; Forensic assessment  
 Theoretical Orientation: Integrative (Gestalt and CBTp)

**Erinn Bixby, Ph.D.**

Graduate School: California School of Professional Psychology, San Diego  
 Internship: The Family Center-Child Custody Evaluations  
 Postdoctoral Fellowship: Gateways Hospital and Mental Health Center—Adult Inpatient  
 Interests: Positive Psychology; Grief; LGBTQ; Healthy Relationships  
 Theoretical Orientation: Acceptance and Commitment Therapy; Cognitive Behavioral; SMART Recovery

**Carneshia Bullocks, Psy.D.**

Graduate School: Chicago School of Professional Psychology  
 Internship: FCTP/Pacific Forensic Psychology Association  
 Interests: Sex Offender Treatment; Therapy; Report Writing for Custody/Visitation; Competency to Stand Trial  
 Theoretical Orientation: Integrative (Cognitive Behavioral/ Psychodynamic)

**Melanie Bye, Ph.D.**

Graduate School: Fuller Graduate School of Psychology  
 Internship: Patton State Hospital  
 Interests: Intersubjectivity; Psychosis vs. Spirituality  
 Theoretical Orientation: Object Relations

**Mirelle Castan, Psy.D.**

Graduate School: University of La Verne  
 Internship: UCLA-Tarjan Center for Developmental Disabilities/ Lanterman Developmental Center  
 Interests: Persons with developmental disabilities  
 Theoretical Orientation: Person-Centered; Cognitive Behavioral

**Alondria Cazad, Psy.D.**

Graduate School: Adler University  
 Internship: Federal Bureau of Prisons, FCC-Victorville  
 Interests: Traumatic Stress Psychology; Substance Use Disorders; Black Mental Health; Correctional Psychology; Secondary Trauma in Lawyers and Health Providers; Treatment of Severely Mentally Ill Individuals  
 Theoretical Orientation: Integrative (primarily Cognitive Behavioral)

**Yok Choi, Psy.D.**

Graduate School: Fuller Graduate School of Psychology  
 Internship: Pacific Clinics (Asian Pacific)  
 Postdoctoral Fellowship: Patton State Hospital (Clinical)  
 Interests: Intersubjectivity; Psychosis vs. Spirituality  
 Language Proficiency: Cantonese  
 Theoretical Orientation: Object Relations

**Kimberly Claggett, Ph.D.**

Graduate School: Alliant International University  
 Internship: San Bernardino County, Department of Behavioral Health  
 Postdoctoral Fellowship: Cook County Jail  
 Interests: Suicide and self-harm assessment and prevention; Treatment and assessment of personality disorders; Dialectical Behavior Therapy  
 Theoretical Orientation: Humanistic; Existential

**David Contreras, Psy.D., ABPP (Forensic)**

Graduate School: University of La Verne  
 Internship: Arkansas State Hospital  
 Postdoctoral Fellowship: University of Arkansas for Medical Sciences/Arkansas State Hospital (Forensic Psychology)  
 Interests: Report Writing; Psychometrics; Response style; Violence risk assessment  
 Theoretical Orientation: Integrative (Cognitive Behavioral/Psychodynamic)

**Joshua Craig, Psy.D.**

Graduate School: Azusa Pacific University  
 Internship: Pacific Forensic Psychology Associates  
 Interests: Forensic Psychology; Assessment' neuropsychology; Sex Offender Treatment; Law Enforcement Psychology; Organizational Psychology  
 Theoretical Orientation: Cognitive Behavioral/Existential

**Maria A. Cueto Lopez, Psy.D.**

Graduate School: Azusa Pacific University  
 Internship: Metropolitan State Hospital  
 Interests: Forensic psychology; Competency to Stand Trial; Treatment of Severely Mentally Ill; Sex offender assessment and treatment; Risk assessment; Malingering; Personality disorders; Latinx mental health  
 Language Proficiency: Spanish  
 Theoretical Orientation: Integrative (primarily Cognitive Behavioral)

**Sheri Curtis, Ph.D.**

Graduate School: Loma Linda University  
 Internship: Patton State Hospital  
 Postdoctoral Fellowship: Patton State Hospital (Clinical)  
 Interests: Suicidal and self-injurious behaviors; Trauma; Attachment; Positive psychology; Forensic Assessment; DBT  
 Theoretical Orientation: Cognitive Behavioral/DBT with an interpersonal lens

**Jason Darling, Psy.D.**

Graduate School: Pepperdine University  
 Internship: County of Los Angeles: Augustus F. Hawkins  
 Interests: Severe mental illness; Attachment theory; Psychological assessment  
 Theoretical Orientation: Cognitive Behavioral

**Octavio Delgado, Ph.D.**

Graduate School: Fuller Graduate School of Psychology  
 Internship: Didi Hirsch Community Mental Health Center  
 Interests: Multicultural and community psychology; Religious influence on behavior; Political psychology  
 Language Proficiency: Spanish  
 Theoretical Orientation: Cognitive Behavioral; Solution Oriented Psychotherapy

**Brittany Dey, Psy.D.**

Graduate School: University of La Verne  
 Internship: Arkansas State Hospital  
 Interests: Forensic Psychology; Violence Risk Assessment  
 Theoretical Orientation: Cognitive Behavioral

**Nilda Diaz, Psy.D.**

Graduate School: University of La Verne  
 Internship: University of California Riverside Counseling Center  
 Interests: Multicultural assessment; Forensic psychology  
 Language Proficiency: Spanish  
 Theoretical Orientation: Psychodynamic; Cognitive Behavioral

**Troy Freimuth, Psy.D.**

Graduate School: Indiana State University  
 Internship: University of Wisconsin-Madison Counseling Center  
 Interests: Positive Psychology; Mindfulness/Acceptance Therapy;  
 Motivational Interviewing  
 Theoretical Orientation: Integrative (Cognitive Behavioral; Narrative Therapy;  
 Emotions Focused Therapy; Psychodynamic)

**Jacque Garcia, Ph.D.**

Graduate School: Alliant International University, Los Angeles  
 Internship: CDCR, California Institute for Men, Chino, CA  
 Interests: Affirming Neurodivergent Case and Assessments; Affirming  
 LGBTQIA+ Care  
 Theoretical Orientation: Integrative (Humanistic with a Biopsychosocial Approach)

**David Glassmire, Ph.D., ABPP (Forensic)**

Graduate School: Pacific Graduate School of Psychology  
 Internship: Patton State Hospital  
 Postdoctoral Fellowship: Patton State Hospital (Forensic)  
 Interests: Psychology Training; Cultural Issues in Psychology;  
 Symptom/Performance Validity Assessment  
 Theoretical Orientation: Cognitive Behavioral; Family Systems

**Kelsey Gruebnaue, Psy.D.**

Graduate School: Argosy University, Orange County  
 Internship: Metropolitan State Hospital  
 Interests: Forensic Psychology; Assessment; Intersectionality  
 Theoretical Orientation: Integrative (Cognitive Behavioral emphasis)

**Kerry Hannifin, Psy.D.**

Graduate School: Azusa Pacific University  
 Internship: The Guidance Center/Jonathan Jaques Children's Cancer Institute (Miller Children's Hospital)  
 Interests: Competency to Stand Trial, Assessment of Malingering; Forensic Psychology  
 Theoretical Orientation: Cognitive Behavioral

**Piyonik Hartounian, Psy.D.**

Graduate School: University of La Verne  
 Internship: Mendota Mental Health Institute  
 Interests: Central Regional Hospital (Forensic Evaluation Center)  
 Theoretical Orientation: Cognitive Behavioral

**Kiera Himsl, Psy.D.**

Graduate School: Loma Linda University  
 Internship: VA Black Hills Health Care  
 Postdoctoral Fellowship: Patton State Hospital  
 Interests: Neuropsychology, cognitive rehabilitation  
 Theoretical Orientation: Cognitive Behavioral

**Kelly Hunsicker, Psy.D.**

Graduate School: Loma Linda University  
 Internship: Metropolitan State Hospital  
 Interests: Psychology and the law; Violence risk assessment  
 Theoretical Orientation: Cognitive Behavioral

**John Johnson, Ph.D.**

Graduate School: Fuller Graduate School of Psychology  
 Internship: City of Hope Medical Center  
 Interests: Substance abuse; Situational depression as a function of unrealistic expectations; Influence of early adoption/foster placement on self-esteem; Influence of religious beliefs on social connections and coping skill development  
 Theoretical Orientation: Cognitive Behavioral

**Shannon Johnson, Psy.D.**

Graduate School: University of La Verne  
 Internship: Switzer Learning Center  
 Interests: Malingering Assessment; Domestic violence; Personality disorders  
 Theoretical Orientation: Cognitive Behavioral

**Ryan Jordan, Ph.D.**

Graduate School: Alliant International University, San Diego  
 Internship: Metropolitan State Hospital  
 Postdoctoral Fellowship: Harbor-UCLA & Twin Towers Correctional Facility  
 Interests: Violence risk assessment; Sex offender risk assessment; Malingering; Sanity; Competency  
 Theoretical Orientation: Cognitive Behavioral and Dialectical-Behavioral

**Raymond Kim, Psy.D.**

Graduate School: Rosemead School of Psychology  
 Internship: Biola Counseling Center  
 Interests: Forensic psychology; Severe mental illness; Trauma; Mindfulness  
 Language Proficiency: Conversational (not fluent) Korean  
 Theoretical Orientation: Psychodynamic

**Sunah Kim, Psy.D.**

Graduate School: University of Denver  
 Internship: Patton State Hospital  
 Postdoctoral Fellowship: Patton State Hospital (Forensic)  
 Interests: Forensic evaluation; Treatment and evaluation of sex offenders; Treatment for Cluster B personality Disorders  
 Language Proficiency: Korean  
 Theoretical Orientation: Psychodynamic

**Loren Carrillo King, PhD, ABPP-CN**

Graduate School: Alliant International University, San Francisco  
 Internship: Patton State Hospital (Neuropsychology Track)  
 Postdoctoral Fellowship: Patton State Hospital (Neuropsychology)  
 Interests: Clinical Neuropsychology, Cognitive Rehabilitation, Trial Competency  
 Theoretical Orientation: Cognitive Behavioral

**Dominique Kinney, Ph.D., ABPP-CN**

Graduate School: Pacific Graduate School of Psychology  
 Internship: Patton State Hospital (Neuropsychology Track)  
 Postdoctoral Fellowship: Patton State Hospital (Neuropsychology)  
 Interests: Cross-cultural psychology; Psychiatric neuropsychology;  
 Positive psychology  
 Theoretical Orientation: Integrative (Cognitive Behavioral, Optimism, and Positive Psychology)

**Kimberly Light-Allende, Psy.D.**

Graduate School: University of La Verne  
 Internship: Aurora Charter Oak Behavioral Health Care  
 Interests: Crisis intervention; Trauma; Relationship violence with an emphasis on female aggressors; Gender roles  
 Theoretical Orientation: Social Learning; Cognitive Behavioral

**Laurel Mattos, Ph.D.**

Graduate School: University of Nevada, Las Vegas  
 Internship: Patton State Hospital (Forensic Track)  
 Postdoctoral Fellowship: Patton State Hospital (Forensic)  
 Interests: Forensic Assessment; Dialectical Behavior Therapy;  
 Assessment of Feigning; Gender-Affirming Care  
 Theoretical Orientation: Integrative

**Michael McCormick, Psy.D.**

Graduate School: Argosy University, Washington DC  
 Internship: Pilgrim Psychiatric Center  
 Interests: Trial competency; Trauma; Ethics  
 Theoretical Orientation: Acceptance and Commitment Therapy; Cognitive Behavioral;  
 SMART Recovery

**Paul McMahon, Ph.D.**

Graduate School: Nova Southeastern University  
 Internship: Nova Southeastern University Community Mental Health Center  
 Interests: Geropsychology; Developmental disability evaluation  
 Theoretical Orientation: Biopsychosocial; Integration of Spirituality0

**Monica Michael, Psy.D.**

Graduate School: Pepperdine University  
 Internship: Patton State Hospital (Forensic)  
 Interests: Therapy with chronically mentally ill individuals; Sex offenders; Multicultural issues  
 Theoretical Orientation: Cognitive Behavioral

**Stephany Molina, Ph.D.**

Graduate School: Sam Houston State University  
 Internship: Patton State Hospital (Forensic)  
 Postdoctoral Fellowship: Patton State Hospital (Forensic)  
 Interests: Forensic Assessment; Sex Offender Treatment and Assessment; Spanish Language Assessment  
 Language Proficiency: Spanish  
 Theoretical Orientation: Cognitive Behavioral; Dialectical Behavior Therapy

**Andrea Moreno, Psy.D.**

Graduate School: Alliant International University, Fresno  
 Internship: W. Gary Cannon Psychological Services Center  
 Postdoctoral Fellowship: Patton State Hospital (Forensic)  
 Interests: Forensic psychology; Substance abuse treatment; Positive psychology  
 Theoretical Orientation: Cognitive Behavioral

**Mona D. Mosk, Ph.D.**

Graduate School: University of South Dakota  
 Internship: Audie L. Murphy Memorial Veteran's Hospital  
 Postdoctoral Fellowship: Patton State Hospital (Forensic)  
 Interests: Multicultural issues (specialty in deaf and hard-of-hearing); Clinical interviewing; Severe and persistent mental illness  
 Language Proficiency: American Sign Language  
 Theoretical Orientation: Cognitive Behavioral; Supportive Therapies

**Ryan Moye, Psy.D.**

Graduate School: University of La Verne  
 Internship: Aurora Healthcare  
 Postdoctoral Fellowship: Patton State Hospital (Forensic)  
 Interests: Personality disorders and evidence-based practice  
 Theoretical Orientation: Technical eclecticism but primarily Behaviorism



**Crystal Mueller, Ph.D.**

Graduate School: University of Hawaii, Manoa  
 Internship: Patton State Hospital  
 Interests: Forensic psychology; Trial competency; Malingering  
 Theoretical Orientation: Cognitive Behavioral

**Taarna Murray, Psy.D.**

Graduate School: Pacific University  
 Internship: Metropolitan State Hospital  
 Interests: Trauma informed care; Yoga therapy and grounding tools for psychosis; Building healthy relationships with voices  
 Theoretical Orientation: Integrative (Person-Centered; CBT; CPS; ACT; Psychodynamic; Ecological Systems)

**Adrienne Nelson, Psy.D.**

Graduate School: Florida Institute of Technology  
 Internship: Patton State Hospital  
 Postdoctoral Fellowship: Patton State Hospital (Forensic)  
 Interests: Forensic assessment; Assessment of personality disorders; Sex offender treatment  
 Theoretical Orientation: Cognitive Behavioral; Psychodynamic

**Steve Nitch, Ph.D., ABPP-CN**

Graduate School: Loma Linda University  
 Internship: VA Loma Linda Healthcare System  
 Postdoctoral Fellowship: Neuropsychology Fellowship, Harbor UCLA Medical Center  
 Interests: Malingering assessment; Degenerative disorders; Adult ADHD; Cognitive correlates of psychosis  
 Theoretical Orientation: Cognitive Behavioral

**Jackie Orozco, Psy.D.**

Graduate School: Azusa Pacific University  
 Internship: Southeast Human Service Center  
 Postdoctoral Fellowship: Treasure Coast Forensic Treatment Center  
 Interests: Forensic assessment; Malingering; Violence risk and sexual re-offending risk; Object relations; Projective assessment  
 Language Proficiency: Spanish  
 Theoretical Orientation: Psychodynamic

**Tanveer (“Taz”) Ota, Ph.D.**

Graduate School: University of North Texas  
 Internship: Patton State Hospital  
 Postdoctoral Fellowship: Patton State Hospital (Forensic Psychology)  
 Interests: Competency to Stand Trial; Violence Risk Assessment; Culturally Informed Assessment and Treatment; Miranda Rights Evaluations  
 Theoretical Orientation: Integrative (Primarily Acceptance and Commitment Therapy)

**Allison Pate, Ph.D., ABPP (Clinical)**

Graduate School: University of North Dakota  
 Internship: Patton State Hospital  
 Interests: Psychodynamic and attachment theory; Treatment and assessment of personality disorders; DBT  
 Theoretical Orientation: Integrative (Psychodynamic Emphasis)

**Caterina E. Pasquali, Ph.D.**

Graduate School: Alliant International University, San Diego  
 Internship: Trenton Psychiatric Hospital  
 Interests: Forensic Psychology; Sex Offender Assessment and Treatment; Risk Assessment; Personality Disorders; Rorschach  
 Language Proficiency: Italian  
 Theoretical Orientation: Humanistic; Integrative

**Maya Petties, Psy.D.**

Graduate School: Spalding University School of Professional Psychology  
 Internship: Patton State Hospital  
 Postdoctoral Fellowship: Patton State Hospital  
 Interests: Forensic assessment; Research on risk assessment; Psychotherapy  
 Theoretical Orientation: Object Relations

**Devin Randle, Psy.D.**

Graduate School: Pepperdine University  
 Internship: Mendota Mental Health Institute  
 Postdoctoral Fellowship: Patton State Hospital (Forensic)  
 Interests: Forensic Psychology; Competence to Stand Trial; Malingering; Treatment of Individuals with Severe Mental Illness; Treatment and Assessment of TGD (Transgender and Gender Diverse) Individuals  
 Theoretical Orientation: Cognitive Behavioral, Including Third Wave Techniques (ACT, DBT)

**Bradley Reynolds, Ph.D.**

Graduate School: University of Tulsa  
 Internship: Patton State Hospital (Neuropsychology)  
 Postdoctoral Fellowship: Cedars-Sinai Medical Center (Neuropsychology)  
 Interests: Substance Abuse and Cognition; Multiple Sclerosis; Movement Disorders  
 Theoretical Orientation: Cognitive Behavioral; Existential

**Carlos Reza, Psy.D.**

Graduate School: Loma Linda University  
 Internship: Behavioral Health Institute  
 Interests: Dialectical Behavior Therapy  
 Theoretical Orientation: Cognitive Behavioral

**Hayley Rodriguez, Psy.D.**

Graduate School: Florida Institute of Technology  
 Internship: Patton State Hospital  
 Postdoctoral Fellowship: Patton State Hospital (Forensic)  
 Interests: Forensic Psychology; Crisis Intervention; Assessment; Response Style; Severe Mental Illness; Dialectical behavior Therapy; Report Writing  
 Theoretical Orientation: Integrative (primarily Cognitive Behavioral)

**Jesus Rodriguez, Ph.D.**

Graduate School: Utah State University  
 Internship: Patton State Hospital  
 Interests: Psychotherapy; Assessment; Multicultural Therapy and Assessment  
 Language Proficiency: Spanish  
 Theoretical Orientation: Client-Centered Therapy

**Jason Rowden, Psy.D.**

Graduate School: Loma Linda University  
 Internship: University of California, Riverside  
 Interests: Forensic assessment; Substance abuse treatment and research; Suicide risk assessment; Family therapy  
 Theoretical Orientation: Humanistic; Motivational Interviewing

**Felix Sanchez, Psy.D.**

Graduate School: Alliant International University  
 Internship: Metropolitan State Hospital  
 Interests: Competency to stand trial; Violence risk assessment; Malingering  
 Language Proficiency: Spanish  
 Theoretical Orientation: Integrative (primarily Cognitive Behavioral)

**Gina Sillo, Psy.D.**

Graduate School: Loma Linda University  
 Internship: Metropolitan Detention Center, Federal Bureau of Prisons  
 Interests: Forensic assessment; Substance abuse treatment and research; Suicide risk assessment; Family therapy  
 Theoretical Orientation: Cognitive Behavioral

**Tamara Simperts, Psy.D.**

Graduate School: Alliant International University, Los Angeles  
 Internship: Metropolitan State Hospital  
 Interests: Delusions and Competency; Severe Mental Illness; Psychological Assessment  
 Theoretical Orientation: Cognitive Behavioral/Psychodynamic/Family Systems

**Sherin Singleton, Psy.D.**

Graduate School: University of La Verne  
 Internship: San Bernardino County Department of Behavioral Health (Forensic)  
 Interests: Clinical supervision; Research and statistics; Trial competency; Malingering  
 Theoretical Orientation: Integrative (Person-Centered and Cognitive Behavioral)

**Krista Soto, Psy.D.**

Graduate School: Rosemead Graduate School of Psychology  
 Internship: Loma Linda University Behavioral Mental Health Center  
 Interests: Individual psychotherapy  
 Theoretical Orientation: Psychodynamic

**Mario Souza, Psy.D., ABPP (Forensic)**

Graduate School: Pepperdine University  
 Internship: NYU-Bellevue (Forensic Track)  
 Postdoctoral Fellowship: Patton State Hospital (Forensic Psychology)  
 Interests: Violence/sex-offender risk assessment; Competence to stand trial evaluation; Culturally competent assessment; Spanish-speaking populations  
 Language Proficiency: Spanish  
 Theoretical Orientation: Cognitive Behavioral

**Michelle Swiontek, Psy.D.**

Graduate School: Adler University  
 Internship: San Bernardino County, Department of behavioral Health  
 Interests: Incarcerated Veterans; Risk Factors for Incarceration; Competency Restoration; Treatment of Severe Mental Illness  
 Theoretical Orientation: Integrative (Primarily CBT/ACT)

**Harrison Ternasky, Ph.D.**

Graduate School: Pacific Graduate School of Psychology  
 Internship: Wisconsin Department of Corrections  
 Interests: Forensic assessment; Expert testimony  
 Theoretical Orientation: Integrative (Psychodynamic; Cognitive Behavioral)

**Nathan Turner, Psy.D.**

Graduate School: Rosemead School of Psychology  
 Internship: San Bernardino County Department of Behavioral Health  
 Interests: Dyadic affect regulation; Long-term depth-oriented psychotherapy  
 Theoretical Orientation: Emotion-Focused and Attachment-Based

**Jenna Tomei Walker, Ph.D.**

Graduate School: Sam Houston State University  
 Internship: Western State Hospital/Office of Forensic Mental Health Services (WA State)  
 Postdoctoral Fellowship: Western State Hospital/Office of Forensic Mental Health Services (WA State)  
 Interests: Forensic assessment of adults and juveniles; Trial consultation  
 Theoretical Orientation: Cognitive Behavioral; Dialectical Behavior Therapy

**Herberth Valle, Psy.D.**

Graduate School: Azusa Pacific University  
 Internship: Patton State Hospital  
 Interests: Psychotherapy with multicultural groups; Personality/Forensic assessment; Group therapy with individuals with severe mental illness  
 Language Proficiency: Spanish  
 Theoretical Orientation: Integrative (Family Systems and Psychodynamic)

**Elizabeth M. Walsh, Psy.D.**

Graduate School: Pacific University  
 Internship: Oregon State University Counseling Center  
 Interests: Thanatology; Gerontology; Grief; Correctional Psychology  
 Theoretical Orientation: Humanistic

**Jette Warka, Ph.D.**

Graduate School: Loma Linda University  
 Internship: Patton State Hospital  
 Interests: Psychotherapy with multicultural groups; Personality/Forensic assessment; Group therapy with individuals with severe mental illness  
 Language Proficiency: Danish  
 Theoretical Orientation: Integrative (Family Systems and Psychodynamic)

**Johnathan C. Watson, Psy.D.**

Graduate School: Alliant International University, Los Angeles  
 Internship: Liberty Healthcare-Treatment and Detention Facility (TDF)  
 Interests: Psychotherapy; Attachment; Methods and statistics; Positive behavior support; Sex offender treatment  
 Theoretical Orientation: Psychodynamic (Especially Object Relations and Kleinian Theory)

**Jeffrey Weinstein, Ph.D.**

Graduate School: California School of Professional Psychology, San Diego  
 Internship: UC Irvine Medical Center  
 Postdoctoral Fellowship: Center for Cognitive Therapy, University of Pennsylvania  
 Interests: Psychotherapy; Substance abuse treatment  
 Theoretical Orientation: Cognitive Therapy

**Elizabeth White, Ph.D., ABPP (Police Psychology)**

Graduate School: California School of Professional Psychology, San Diego  
 Internship: San Diego Police Department  
 Postdoctoral Fellowship: Los Angeles County Sheriff's Department  
 Interests: Law Enforcement Psychology; Suicide Prevention; Intervention and Postvention; Trauma  
 Theoretical Orientation: Existential

**Joseph Williams, Psy.D.**

Graduate School: Chicago School of Professional Psychology  
 Internship: San Bernardino County, Helping Hearts of California  
 Interests: Forensic Psychology; Treatment of Severely Mentally Ill Individuals; Sex Offender Treatment; International Psychology  
 Theoretical Orientation: Humanistic/Cognitive Behavioral

**Jessica J. Williamson, Psy.D.**

Graduate School: Pepperdine University  
 Internship: Metropolitan State Hospital  
 Interests: Severe psychopathology; Personality disorders; Multicultural issues; Trauma informed care  
 Theoretical Orientation: Humanistic; Multicultural; Cognitive Behavioral

**Albert Yee, Psy.D.**

Graduate School: George Fox University  
Postdoctoral Fellowship: University of Missouri-Department of Health Professions  
Interests: Neuropsychology; Cognitive Rehabilitation  
Theoretical Orientation: Cognitive Behavioral

**Elise Yenne, Ph.D.**

Graduate School: Sam Houston State University  
Internship: Patton State Hospital (Forensic)  
Postdoctoral Fellowship: Patton State Hospital (Forensic)  
Interests: Forensic assessment/report writing; Trauma-informed care;  
Multicultural issues (particularly LGBTQIA+)  
Theoretical Orientation: Integrative/Object Relations



## **APPENDIX A: Professional Development Seminar**

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### **Part 1: Forensic Series**

- Introduction to Forensic Mental Health Practice
- Competency to Stand Trial
- Privilege and Confidentiality
- Sex Offenders, Diagnosis and Treatment
- The Insanity Defense
- Hospitalized Prisoners and Parolees
- Dangerousness Risk Assessment
- Malingering
- Involuntary Commitments: Civil Commitment
- Antisocial Personality Disorders: Evaluation and Legal Issues
- Expert Testimony

### **Part 2: Group Readings and Case Discussion**

- After the conclusion of the forensic series, this seminar will take on a case discussion and reading discussion format. The readings for this seminar will focus on cultural competence, scientifically informed practice, and professional development as a psychologist.

### **Part 3: Mock Court**

- Preparation for court
- Mock court day: Our local lawyer/psychologist and the forensic postdoctoral fellows take forensic interns through a process of direct and cross-examination

## **APPENDIX B:**

### **Guidelines for Basic Education and Training of a Clinical Neuropsychologist**

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The American Psychological Association and the Canadian Psychological Association both recognize clinical neuropsychology as a specialized subdiscipline within the general field of psychology. Clinical neuropsychologists are professionals within the field of neuropsychology who possess specialized training and expertise in the relationship between brain functioning and behavior. In 1997, representatives from APA Division 40 (Clinical Neuropsychology), the National Academy of Neuropsychology (NAN), the American Board of Clinical Neuropsychology (ABCN), the American Academy of Clinical Neuropsychology (AACN), and the Association of Postdoctoral Programs in Clinical Neuropsychology (APPCN) convened in Houston, Texas to outline the basic criteria for education and training in clinical neuropsychology. According to guidelines adopted at the Houston Conference, the minimal education and training of a clinical neuropsychologist involves:

1. Successful completion of a doctoral level degree in psychology from a regionally accredited program
2. Successful completion of systematic didactic education (course work in neuropsychology and neuroscience) including:
  - A. Foundations for the study of brain-behavior relationships
    - Functional Neuroanatomy
    - Neurological and related disorders including their etiology, pathology, course, and treatment
    - Non-neurological conditions affecting CNS functioning
    - Neuroimaging and other neurodiagnostic techniques
    - Neurochemistry of behavior
    - Neuropsychology of behavior
  - B. Foundations for the practice of clinical neuropsychology
    - Specialized neuropsychological assessment techniques
    - Specialized neuropsychological intervention techniques
    - Research design and analysis in neuropsychology
    - Professional issues and ethics in neuropsychology
    - Practical implications of neuropsychological conditions

3. Supervised predoctoral experiential training (practica and internships) in clinical neuropsychology
4. Two or more years of supervised training (usually post-doctoral) applying neuropsychological services in a clinical setting

The Clinical Neuropsychology Concentration at Patton State Hospital fulfills the internship requirement outlined at the Houston Conference. Additionally, the Neuropsychology Seminar and guided readings in neuropsychology can supplement the didactic experiences that were obtained at the intern's graduate institution. However, successful completion of the Neuropsychology Concentration is only one component in the education and clinical training necessary to become a clinical neuropsychologist.

## **APPENDIX E: Former Interns' Initial Post Internship Employment**

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Below is a list of the initial employment setting of former interns since 2008. This list does not reflect the diversity of employment settings of our former interns after their initial employment following internship, as many of our interns initially decide to remain at Patton either as staff psychologists or postdoctoral fellows before eventually transitioning to positions in other settings. A recent survey of internship alumni from the past 15 years indicated that although many of our internship alumni do indeed choose to become career psychologists at Patton, a number of former interns have gone on to work in diverse settings including tenure-track academic jobs, private practice, the Department of Veteran's Affairs, county mental health systems, and prison psychology settings, among others.

### **2007-2008**

- Postdoctoral Fellow in Forensic Psychology, Patton State Hospital
- Postdoctoral Fellow in Forensic Psychology, Patton State Hospital
- Advanced Intern completing dissertation, Patton State Hospital
- Staff Psychologist, Patton State Hospital followed by California Department of Corrections
- Staff Psychologist, Patton State Hospital
- Staff Psychologist, Patton State Hospital

### **2008-2009**

- Postdoctoral Forensic Fellow, Patton State Hospital
- Postdoctoral Forensic Fellow, Patton State Hospital
- Postdoctoral Fellow in Clinical Neuropsychology, UCLA
- Staff Psychologist, Patton State Hospital followed by California Department of Corrections
- Staff Psychologist, Patton State Hospital
- Staff Psychologist, Patton State Hospital

### **2009-2010**

- Postdoctoral Forensic Fellow, University of Virginia
- Postdoctoral Forensic Fellow, Patton State Hospital
- Postdoctoral Forensic Fellow, Patton State Hospital
- Postdoctoral Fellow in Clinical Neuropsychology, Patton State Hospital
- Staff Psychologist, Patton State Hospital
- Staff Psychologist, Patton State Hospital

**2010-2011**

- Postdoctoral Forensic Fellow, University of Massachusetts Medical School
- Postdoctoral Neuropsychology Fellow, University of Texas MD Anderson Cancer Center
- Postdoctoral Clinical Fellow, Central Texas VA
- Staff Psychologist, Patton State Hospital
- Staff Psychologist, Patton State Hospital
- Postdoctoral Fellow in Forensic Psychology, University of Southern California

**2011-2012**

- Postdoctoral Forensic Fellow, University of Virginia
- Postdoctoral Forensic Fellow, Minnesota State Operated Forensic Services
- Postdoctoral Neuropsychology Fellow, Cleveland VA
- Postdoctoral Fellow in Clinical Psychology, Gateways Los Angeles
- Research Psychologist, US Air Force
- The Harris Center for Mental Health and IDD Harris County Jail- Competency and Sanity Unit

**2012-2013**

- VA Palo Alto Healthcare System MIRECC Fellowship
- Postdoctoral Forensic Fellow, Larned State Hospital
- Postdoctoral Fellow, Kaiser Permanente

**2013-2014**

- Postdoctoral Forensic Fellow, Central Regional Hospital
- Forensic Psychology Fellowship in the Dept. of Psychiatry, Georgia Regents University, in partnership with East Central Regional Hospital
- Easter Seals Capital Region and Eastern Connecticut Neuropsychological Postdoctoral Fellowship
- Postdoctoral Forensic Fellow, Patton State Hospital

**2014-2015**

- Postdoctoral Forensic Fellow, Patton State Hospital
- Postdoctoral Forensic Fellow, Patton State Hospital
- Postdoctoral Research Fellow, Kent State University
- Postdoctoral Fellow in Clinical Neuropsychology, Kaiser Roseville

**2015-2016**

- Postdoctoral Forensic Fellow, Patton State Hospital
- Postdoctoral Forensic Fellow, Patton State Hospital
- Postdoctoral Fellow in Clinical Neuropsychology, Patton State Hospital
- Assistant Professor of Psychology, Sam Houston State University

**2016-2017**

- Postdoctoral Forensic Fellow, Patton State Hospital
- Postdoctoral Fellow in Neuropsychology, Madonna Rehabilitation Hospital
- Staff Psychologist, Atascadero State Hospital
- Psychologist, South Carolina Department of Mental Health, Forensic Outpatient Services

**2017-2018**

- Postdoctoral Forensic Fellow, Patton State Hospital
- Postdoctoral Fellow in Neuropsychology, Patton State Hospital
- Postdoctoral Fellow in Forensic Psychology, University of Massachusetts Medical School
- Staff Psychologist, California Department of Corrections and Rehabilitation

**2018-2019**

- Postdoctoral Forensic Fellow, Patton State Hospital
- Postdoctoral Forensic Fellow, Patton State Hospital
- Postdoctoral Forensic Fellow, Patton State Hospital
- Postdoctoral Fellow in Clinical Neuropsychology, Cedars Sinai Hospital

**2019-2020**

- Postdoctoral Forensic Fellow, Patton State Hospital
- Postdoctoral Forensic Fellow, University of Virginia
- Staff Psychologist, Patton State Hospital
- Postdoctoral Fellow in Clinical Neuropsychology, University of Oklahoma Health Sciences Center

**2020-2021**

- Postdoctoral Forensic Fellow, Patton State Hospital
- Postdoctoral Forensic Fellow, Patton State Hospital

- Postdoctoral Forensic Fellow, University of Denver
- Postdoctoral Fellow in Clinical Neuropsychology, Patton State Hospital

**2021-2022**

- Postdoctoral Forensic Fellow, Patton State Hospital
- Postdoctoral Forensic Fellow, Patton State Hospital
- Postdoctoral Forensic Fellow, University of Virginia
- Postdoctoral Fellow in Clinical Neuropsychology, Henry Ford Hospital

**2022-2023**

- Postdoctoral Forensic Fellow, Patton State Hospital
- Postdoctoral Forensic Fellow, Patton State Hospital
- Postdoctoral Forensic Fellow, Patton State Hospital
- Private Practice and Olive View-UCLA Medical Center